Alberta Therapeutic Recreation Association

2003 ATRA Issues Session

Alberta Therapeutic Recreation Association

Membership Task Group

Alberta Therapeutic Recreation Association

How many Recreation Therapist positions are there in the province of Alberta and does ATRA represent more than 50% ?

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The Alberta Therapeutic Recreation Association is currently in the process of identifying the number of Recreation Therapist positions in the Province of Alberta.

In order to accomplish this task your cooperation in completing this short questionnaire would be much appreciated.

1. Name of Facility _____

2. Name of Regional Health Authority/Agency _____

3. Are Recreation/Leisure Services offered in your facility?

   _____Yes _____No If yes, please complete question #4.

4. Please list the title and number of individuals in the position responsible for the service and the Full Time Equivalent.

Job Title	FTE	# of people

If you are interested in receiving the results of the survey please include your name and address.

_____

_____

Thank you for completing this survey.

Please return by fax or mail before March 15, 2003
Fax # (403) 255-2234

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And the survey said .....

A total of 222 facilities across the province were surveyed. A return rate of 70% was received.

To the question "Are Recreation / Leisure Services offered in your facility?", 93% reported YES.

The following were the top two job titles:

Recreation Therapist / RT I & II	63%
Activities Convener / Coordinator	10%

Once again, ATRA thanks everyone who helped the association to gain this valuable information about recreation services in the province.

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Recreation Therapist
positions
~ 221.5 ~

ATRA
members
in those positions
~ 134 ~

~ 60.4% ~

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How does ATRA solicit/encourage the membership of practicing Recreation Therapists so a larger percentage become members of their professional body?

? ? ?

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Health Authority / Region	Positions	ATRA Members	Percentage
1	15	14	93%
2	5	4	80%
3 (Calgary)	67	43	64%
4	37	20	54%
5	8	7	87%
6 (Edmonton)	67	40	59%
7	14	6	42%
8	7.5	3	40%
9	1	1	100%

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Communication Task Group

Alberta Therapeutic Recreation Association

The Committee's Task:

To ensure all members have access to relevant ATRA information by means of:

Website
ATRAbute
Marketing Tool

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The work thus far:

Marketing Tool:

- collecting articles for Appendix 6 and tailoring them for our needs
- If anyone has articles, please send the article or bibliography information to the ATRA office. We are looking for any article that is relevant to TR, ie: coping, interventions, leisure education, community
- encourage use of the marketing tool

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The work thus far:

Web Site:

- facilitating the discussion area of the website with regards to HOP
- monitor and generate questions for discussion
- investigated the feasibility of getting a new website address and determined that we should maintain the one we currently have

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The work thus far:

Issues Session:

- constructed framework for this issues session

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What work still has to be done?

Marketing Tool:

- construct Appendix 6 list of submitted articles and provide a bibliography of best practice and TR articles to supplement the marketing tool

Web Site:

- continue to facilitate discussion and maintenance of communication issues

Marketing Tool:

- liaise with the membership task group re: rural workers and their needs

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What is our Strategic Plan?

Marketing Tool:

- collect article information which will be an ongoing task. Possibly post the bibliography on the website in a "members only" area
- Promote Appendix 6 completed biography and use of the Marketing Tool to further Therapeutic Recreation

Initial bibliography
to be completed by:

~ September 2004 ~

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What is our Strategic Plan?

Communications:

- determine whether methods of information dissemination are adequate for all members
- this task to be carried out in conjunction with the Membership Task Group

Conclusion:

- continue to be active in the discussion area of the website
- forward articles to the ATRA office to be compiled in the Marketing Tool, Appendix 6 Bibliography

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Investigation / Systems Task Group

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What we have been charged with:

- Ascertain what constitutes the practice of the profession, ie: the Scope of Practice (this would include the provision of restricted activities and the conditions for which they are applied.)
- Consider whether the profession of Therapeutic Recreation is a distinct and identifiable profession
- Evaluate the risk to the physical and psychological health and safety of the public from incompetent, unethical or impaired practice of the professional.

based on the criteria established in the Health Professions Act, section 4.

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To date, what has been accomplished?

1. Draft of the Scope of Practice - ATRA Board of Directors

2. Uniqueness
   * Review of literature (objective)
   * Membership feedback (subjective)
   * Bibliography currently being compiled

3. Risk to the Public
   * Review of the literature
   * Membership feedback / “outside” feedback
   * Categorization of information
   * Bibliography currently being compiled

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Therapeutic Recreation as a Distinct and Identifiable Profession

This is speaking to

WHO

we are

and

WHY

we are

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Feedback has included such terms as:

holistic
freedom of choice
active living
individual
quality of life
empowerment
community integration
focus on strengths vs limitations
specific activities
healthy lifestyle
promotes prevention
maximizing functioning
way to express self

and the many **BENEFITS** which have been well documented

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One common link throughout ...

LEISURE

We are the only profession that
focuses on leisure at all levels
of our interventions/interactions

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Risks to the Public

1.Knowledge Base

* Standardized foundation
* Specific RT training
* Clinical intervention standards
* Screening/assessment standards

2.Cultural Sensitivity

3.High Risk Activities

4.Lack of Appropriate Resources

* time
* finances
* RT/patient ratio

5.Volunteers