

University of Lethbridge – Post Diploma Bachelor of Therapeutic Recreation

Below is an outline of the courses in the program.

***ATRA Eligibility is ultimately determined by ATRA upon time of application for Professional Membership. Students should communicate with ATRA to determine which courses are most appropriate.**

Institution:			University of Lethbridge – Faculty of Health Sciences				
Diploma/Degree Title:			2 Year Post-Diploma Therapeutic Recreation Degree				
Articulation Agreements:			NorQuest College, Lethbridge College, Canadore College, Nova Scotia Community College, etc.				
Year of Program	Course Number & Title	Credits	Term offered	Available face to face	Available by Online and or Blended Learning Opportunities?	ATRA Eligibility* (Therapeutic Recreation Course, General Recreation Course, Supporting Course)	NCTRC Eligibility
1	TREC 3000 – Foundations of Therapeutic Recreation	3 credits	Fall	No	Yes	Therapeutic Recreation Course	Yes
1	TREC 3100 – Program Planning in Therapeutic Recreation	3 credits	Fall	Yes	Yes	Therapeutic Recreation Course	Yes
1	TREC 3200 – Introduction to Recreation and Leisure: Across the Life Course	3 credits	Fall	Yes	Yes	General Recreation Course	Yes
1	TREC 3300 – Processes and Techniques in Therapeutic Recreation	3 credits	Spring	No	Yes	Therapeutic Recreation Course	Yes
1	TREC 3400 – Facilitation in Therapeutic Recreation	3 credits	Spring	Yes	Yes	Therapeutic Recreation Course	Yes

1	TREC 3500 – Therapeutic Recreation for Special Populations	3 credits	Spring	Yes	Yes	Therapeutic Recreation Course	Yes
1	ADCS 3150 – Adult Psychopathology	3 credits	Fall	Yes	Not this year	Support Course	Yes
1	HLSC 1170 – Human Development Across the Lifespan	3 credits	Fall	Yes	Not this year	Support Course	Yes
1	TREC 1850 – Anatomy and Physiology	3 credits	Spring	Yes	Not this year	Support Course	Yes
2	TREC 4000 – Issues and Trends in Therapeutic Recreation	3 credits	Fall	Yes	Not this year	Therapeutic Recreation Course	Yes
2	TREC 4100 – Research Design in Therapeutic Recreation	3 credits	Fall	Yes	Not this year	Therapeutic Recreation Course	Yes
2	TREC 4200 – Administration in Therapeutic Recreation	3 credits	Fall	Yes	Not this year	Therapeutic Recreation Course	Yes
When it occurs	Course Number & Title	Credits	Length	Where can practicums be located?	Available as Open Studies	ATRA Eligibility (Meets, does not meet ATRA Professional Membership eligibility)	NCTRC Eligibility
Spring Term in Year 2	TREC 4550 – Practicum in Therapeutic Recreation	15 credits	15 weeks	Anywhere a CTRS works	No	Yes	Yes