

# Year in Review

## Annual Report

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*The Alberta Therapeutic Recreation Association*

# Alberta Therapeutic Recreation Association

## Awards Luncheon and Annual General Meeting

Friday, 16 October 2009

12:00 - 3:30 pm

Greenwood Inn & Suites  
4485 Gateway Blvd  
Edmonton, Alberta

## agenda

- 1.0 Call to Order
- 2.0 Action on the Agenda
- 3.0 Introduction of Board Members and Special Guests
- 4.0 Rules of Order
- 5.0 Action on the Minutes of the 2008 Annual General Meeting  
*If there are no corrections, it would be in order for a member to move that the minutes of the 2008 Annual General Meeting be adopted as included in the annual report.*
- 6.0 Old Business
- 7.0 Board Member Reports  
*After questions have been addressed, It would be in order for a member to move that the reports, as presented in the AGM package, be adopted.*
- 8.0 Action on the 2008/2009 Financial Statement  
*After questions have been addressed, It would be in order for a member to move that the financial reports, as presented in the AGM package, be adopted.*
- 9.0 New Business
  - 9.01 Amendments to Professional Membership criteria
  - 9.02
- 10.0 Election of Directors
- 11.0 Announcements
- 12.0 Adjournment

# rules of order

## **Qualifications**

1. All members will be required to show their current ATRA membership cards for admission to the Annual General Meeting.
2. Each attending member in good standing is entitled to one vote.
3. There shall be no absentee or proxy voting.
4. A quorum shall be not less than 25 percent of the membership or 40 members, whichever is smaller.

## **General Procedures**

1. The chair organizes the business of the meeting (agenda and order of business) and sees that it proceeds in an ordered manner.
2. The chair decides all questions of order and considers the advice of the parliamentarian.
3. No person may speak until she/he has been recognized by the chair.
4. No person may speak for more than 10 minutes at one time. No person may speak a second time until all who wish to speak for the first time have done so. (The group may permit a person to speak more than twice or longer than 10 minutes.) A question on procedure or a point of order will not be considered a turn to speak.
5. A person wishing to speak must approach a microphone and be recognized by the chair before speaking. When recognized, the speaker will give her/his name.
6. The chairperson may not speak on a question. If she/he wishes to speak, she/he must yield the chair to another officer and take a seat on the floor. The chairperson may not resume the chair until the question at issue is settled.

## **Motions - Getting a Subject on the Floor**

1. No business may be discussed until a motion has been made, seconded (when required) and stated by the chair.
2. Once a motion has been stated by the chair, it can be withdrawn only with the consent of both the mover and the seconder.

## rules of order

3. All discussion must relate to the motion on the floor.
4. Only one main motion may be on the floor at any one time.

### **Amendments**

1. An amendment to a motion is proper if it does not change the basic purpose of the motion.
2. For ease of understanding, it is wise to have only one amendment on the floor at any one time. However, there is no limit to the number a times a motion may be amended.
3. When an amendment is made, the chairperson must see that everyone understands the proposition being voted on. Two votes must be taken: FIRST, on the amendment, and SECOND, on the motion in its amended form.

### **Stopping Debates**

1. Discussion can be stopped by a motion to close debate. This motion is not debatable and requires a two-thirds majority to be carried.

### **Motions for Special Purposes**

1. Such motions as those to adjourn, table, refer and question the decision of the chair are generally in order. The parliamentarian, if called upon, will explain such procedures and guide their use.

### **Voting**

1. The motion is restated
2. The affirmative and then the negative votes are called for. If there is any doubt in a voice vote or vote by show of hands, the vote is then to be retaken by a standing vote. If a secret ballot is required, the chair declares the result of the vote.

# prior minutes

**Alberta Therapeutic Recreation Association Annual General Meeting  
October 17, 2008  
University of Alberta, Lister Hall, Edmonton, Alberta**

**1.0 Call to Order:** The meeting was called to order by President Jane Crawford at 1:05 p.m.

**2.0 Action on the Agenda:** The Agenda was accepted with no additions.

**3.0 Introduction of Board Members and Special Guests:** President Jane Crawford introduced the Board Members, Chapter Chairs and Executives, CTRA president and Western Representative, and Administrative Assistant Darlene Murphy to the membership at the meeting. Jane Crawford acknowledged all volunteers for the hard work that they do. CTRA President Tanea Goncalves and CTRA Western Representative acknowledged that ATRA was the Supportive Agency Award recipient. Darlene Murphy was presented with a 12 years of CTRA service award for her dedicated Administrative assistant work. Darlene Murphy accepted the award.

**4.0 Rules of Order:** Darlene Murphy provided a brief description of the process that the meeting should take and clarified the rules of debate and parliamentary inquiry during the discussion of a motion on the floor.

**5.0 Action on the Minutes of the 2007 Annual General Meeting**

MOTION: Moved/seconded by Barb Smith/Rose Chabot that the minutes of the 2007 Annual General Meeting be adopted as circulated in the annual report. MOTION CARRIED

**6.0 Old Business:** There was no old business to be reported on.

**7.0 Board Member Reports:** There were no questions from the floor.

MOTION: Moved/seconded by Jolene Steves-Eschyschyn/Debbie Bontus that the reports, as presented in the 2008 AGM package be adopted as circulated. MOTION CARRIED

**8.0 Action on the 2007/2008 Financial Statement:** Darlene Murphy responded to questions from the floor regarding membership fees, miscellaneous fees, and contract work fees. It was clarified that there was a split with membership fees because not all members renew on time and that the miscellaneous fees were CTRA fees. Jane Papenhuyzen responded to questions about contract work fees stating that over the past year John Pascoe consulted without billing. The other contract work fees were from hired office help and Darlene Murphy's salary.

MOTION: Moved/seconded by Tony Spencer/Nicole Stroh that the financial reports, as presented in the 2008 AGM package be adopted as circulated. MOTION CARRIED

**9.0 New Business**

**9.01 Rename of Supporting Membership Category:**

MOTION: Since the Alberta Therapeutic Recreation Association is a professional association for Recreation Therapists and students studying towards employment as Recreation Therapists; and since the Supporting Membership category causes confu-

## prior minutes

sion to employers in trying to understand the distinction between a Registered Professional and Supporting Membership, causing the practice of the profession to become blurred; be it resolved that, As of May 1, 2009, the ATRA Supporting Membership be renamed the Affiliate Membership, with the criteria being those individuals who are retired or who live outside of the province of Alberta. MOTION CARRIED

Jane Crawford and Jane Papenhuyzen answered questions from the floor regarding management/teachers/supervisors. It was clarified that individual designation would depend on the criteria of the job held. Affiliate membership will also encompass maternity leaves, people working out of province with a vested interest in ATRA, retirees, and others who are still interested in the process but not a paid Recreation Therapist employee.

### **9.02 Membership Registration Committee Update:**

A new Registration Committee was formed and highlighted in the Summer 2008 edition of the ATRAbute. The Registration Committee reviews new members and meets once a month (twice in May and June) to review qualifications. Jane Crawford acknowledged the committee and stated that she will stay on as the Registration Committee Chair. Membership questions are to be forwarded to the membership committee.

### **9.03 2009 TR Week Theme:**

Lesley Baker (Communications Director) revealed the 2009 TR Week Theme as being Optimal Health and Well Being. Nicole Stroh stated that she would like to see TR week promotions expanded to include paid commercials and professional billboards that advertise TR province wide. Jane Crawford asked membership that if anyone has connections with the media to speak to Lesley Baker. Tony Spencer suggested that ATRA collaborate with CTRA to promote TR Week. CTRA President, Tanea Goncalves, stated that linking to promote TR week will be put on the Provincial President's Meeting agenda. ACTION: Lesley Baker to investigate all avenues of advertising.

### **9.04 Website Update:**

Darlene Murphy unveiled ATRAs new website and showcased some of the new features. The new website will be up and running within the next couple of months.

### **10.0 Election of Directors:**

The Board acclaimed Erin Turnell as Education Liaison of the ATRA Board of Directors for the 2008 – 2010 term.

A nomination was received for Lorraine Grover and a nomination was received from the floor for Renate Sainsbury (Wendy Brown) for President. Two members volunteered to be scrutineers.

The votes were counted and President Jane Crawford announced that Lorraine Grover was voted in as President for the 2008 – 2010 term.

MOTION: Moved/seconded by Glen Skimming/Darlene Murphy that the ballots be destroyed. MOTION CARRIED

### **11.0 Adjournment**

MOTION: Moved/seconded by Glenda Heale/Keri Medd that the meeting be adjourned at 2:25 p.m. MOTION CARRIED

# reports

## **PRESIDENT REPORT - Lorraine Grover**

The goal of the ATRA Board this year has been to submit our application to Alberta Health and Wellness for self-designation under the Health Professions Act. Our letter of intent to file the application has been made to the Honourable Ron Liepert, Minister of Alberta Health and Wellness. We are on track to have the completed application submitted this year. Thank you to the many work groups and especially to Jane Papenhuyzen, Vice-President, for spearheading the application process.

This year was also one of change for health care in Alberta. We saw a major shift as separate regions amalgamated to the current Alberta Health Services. Thank you to all of the members that advocated in their regions to ensure that Recreation Therapy had a voice. Recreation Therapy is part of the Allied Health Strategies and I have had contact with the new Director of Occupational Therapy and Recreation Therapy Strategies. I will continue to liaise with Cynthia Johnson to ensure that ATRA is included in the strategic direction for recreation therapy.

I chaired the CTRA 2009 Summits of Success Conference. It was a pleasure for our provincial organization to host this conference and to provide our membership with a variety and a quality of educational sessions. I represented ATRA at the Provincial Partners Lunch at the conference.

In response to the question of how do we promote our profession beyond TR Week; I am very pleased to announce that the ATRA Board of Directors has provided sponsorship to the following provincial programs:

1. The Alberta Seniors' Falls Prevention Program – Finding Balance. Look for the ATRA logo on their website and media information. [www.findingbalance.ca](http://www.findingbalance.ca). I also represented ATRA on the Advisory Council for this campaign.
2. A booth display at The 25th Anniversary Celebration of the Professional Practicum Program at the University of Alberta for Recreation and Physical Education.

This year also saw the launch of our new website, hosted by Red Engine. Thank you to Darlene Murphy for all of her expertise and extra work to bring this quality website to our membership and general public.

Norquest College and their two-year diploma program in Therapeutic Recreation are now one of the many colleges that are accepted as qualifying for membership in ATRA. This year will see two new motions on the floor for members to vote on at the AGM. To strengthen our membership admission requirements, we are asking that membership vote to increase the number of hours and the quality of practicum hours required for new graduates. We are also recognizing that programs across the country and in our own province may qualify for membership in our organization, but we need to look at the course content rather than at the title of the course or program.



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The AGM this year will see the Board welcoming two new members for positions of Secretary and Community Liaison. I would like to very much like to thank our two departing Board members, Lesley Baker and Jill Burger. As Community Liaison, Lesley Baker has done a great job with the Awards Committee and has acted as a liaison with the Chapters for TR Week festivities and promotions.

Jill Burger will complete her two years term as Secretary at the conclusion of the AGM and I thank her for all of the input she provided to the Board over the last two years.

I look forward to our next year and once again working with returning Board members, Jane Papenhuyzen, Vice-President, Erin Turnell, Education Liaison and Darlene Murphy, Administrative Assistant.

Thank you to the Northern Chapter for providing us with an excellent educational opportunity with Dr. Colleen Hood. I know that the efforts of the group to put on a quality ATRA Symposium are appreciated by all membership.

As always please email me at [president@alberta-tr.org](mailto:president@alberta-tr.org) if you have any questions or comments.

## **VICE PRESIDENT REPORT - Jane Papenhuyzen**

I am completing the second year of my 2007-2009 term as ATRA Vice-president. Since I was appointed to the Board as Vice president to complete the vacated 2006 term, I am only completing my first 'official' term in this role. I am thus putting my name forward for a second term as Vice-president for Board elections in October 2009.

During the past year, I attended all but one of the ATRA Board meetings and one central chapter meeting and education session. I attended the 2008 ATRA symposium in Edmonton, including the AGM. As part of the symposium, I presented the VP Professional Issues session entitled "The Role of Recreation Therapy in the Future of the Health Care in Alberta." During the session, ATRA members were requested to provide risk examples if treatment is provided by unregulated recreation therapists. Nine email responses were received in the few weeks following the session. This information was compiled and summarized in my spring 2009 ATRAbute article about risk to the public if our profession remains unregulated.

In October 2008, I attended the Health Professions Advisory Board (HPAB) Stakeholder Consultation on Regulation of Massage Therapy in Edmonton. Attending this session was advantageous in order to observe a stakeholder consultation process, to hear some of the questions and concerns of stakeholders and to learn some of the questions asked by

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the HPAB. Our profession will eventually be called to the same Board to hear stakeholder opinions on the regulation of recreation therapy in Alberta. I provided a summary of this session in the December ATRAbute, including implications for our profession.

I have provided entry to practice criteria consultation to the ATRA Membership Review Committee as requested through the year. This included attending a meeting on November 19, 2008 and providing a written letter to an employer to explain the delineation between registration for professionals versus assistants in recreation therapy. I assisted with the content for the new ATRA website including sections on Legislation, Qualifications of a Recreation Therapist, Competency Profile and Complaints and Resolution

As part of ATRA hosting the 13th annual CTRA conference in Calgary, May 13-15, 2009, I coordinated the Call for Papers and letters of acceptance to presenters. I attended the full CTRA conference, pre-conference and CTRA AGM. I represented ATRA's position with respect to regulation at meetings and networking sessions throughout the conference.

On February 5, 2009 ATRA's letter of intent to apply for regulation under the Health Professions Act was mailed to the Alberta Minister of Health and Wellness. This was a very exciting day! I now look forward to the completion and submission of our policy document in early Fall 2009. In July 2009, ATRA members received a PowerPoint presentation entitled "Where's the HPA Application...and why isn't it done yet?" This presentation summarized the many years of work by ATRA members being consolidated into one clear, effective policy document. I encourage you to review this PowerPoint to answer your own questions about why the HPA document has taken so many years to complete. Volunteers were requested to assist with final editing of specific sections of the documentation. Nine members responded and have offered their editing skills over July and August 2009. Thank you for a good year.

## **SECRETARY/TREASURER REPORT - Jill Buerger**

Another year has come to a close as well as my two year term as Secretary/Treasurer. Thank you to all my fellow board members for all of the help and support they have given me. I now have a vast knowledge of the workings of the Alberta Therapeutic Recreation Association and realize that volunteer time is invaluable to our profession.

The books have been audited by a committee in Edmonton and please see the report for further information.

I have fulfilled my duties as Secretary/ Treasurer by recording and distributing minutes from board and full board meetings, submitting articles to the Atrabute, completing tasks assigned, and auditing the books.

I pass along the torch to the elected Secretary/Treasurer for the next two year term.

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### **EDUCATION DIRECTOR REPORT- Erin Turnell**

This report is being completed as I come to the end of my first year as Provincial Education Liaison. This has been a year of learning for me and I have appreciated the support and feedback from both the ATRA Board of Directors and membership as I became familiar with my new role.

Projects that I completed during the past year include; worked with the Membership Committee to review the University of Alberta course requirements for ATRA professional membership and identified which courses are categorized as specific Therapeutic Recreation courses and general recreation courses, worked with Bev Suntjens, Recreation Therapy Instructor at NorQuest College, to secure professional membership status for NorQuest Diploma Graduates, completed a random audit of membership CEUs, liaised with the Symposium Planning Committee, updated the Symposium planning manual, revised the CEU reporting form, and responded to numerous inquiries regarding education requirements for membership status.

As I enter my second year as Provincial Education Liaison, I am looking forward to continuing to work with our post secondary institutions to promote the profession of Therapeutic Recreation to future professionals. I am also excited to have another year to work with, and learn, from the dedicated members of the ATRA Provincial Board.

### **COMMUNICATION DIRECTOR REPORT- Lesley Baker**

In looking back over the past two years, it has been a real learning experience, and perhaps even somewhat challenging in terms of being able to identify who we need to work with in the community and how we should go forward with educating them about who we are.

Besides attending the regular ATRA Board Meetings my two biggest components of this portfolio included being responsible for TR Week and the ATRA Awards.

A theme for the 2009 TR Week was indentified from a provincial level, "Optimal Health & Wellbeing". Your board had a brainstorming session about who we should be publicizing to and what the message should be and will be going forward with some of these recommendations for 2010, including to work with CTRA on looking at selecting a national theme, seeing as TR Week is a national event each February.

I sent out letters to seven city mayors (Calgary, Edmonton, Grande Prairie, Fort McMurray, Lethbridge, Medicine Hat and Red Deer) requesting a Proclamation of National Thereapeutic Recreation Week, February 3-9, 2009. We received proclamations from Calgary, Fort McMurray and Medicine Hat - these were sent to the Chapter Chairs and posted on the ATRA Website.

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I wrote an article about Recreation Therapy which was published in the Health Sciences Association of Alberta "Challenger". National TR Week was also posted on their website.

It is time to seriously consider doing some PR to other disciplines and asking them to run an article about Recreation Therapy as a way of promoting our profession.

As I prepare this report, nominations for the 2009 ATRA Awards have closed and nominations were received for 4 out of the 5 categories. The Awards Committee has been established and has reviewed the nominations. We are presently planning for the Awards Ceremony to be held at the October AGM.

I have been honoured to serve as your Communications Director for these past two years, but will not be seeking re-election. I have enjoyed my position, but feel that due to the fact that I am not actually practising in the field as a Recreation Therapist during my secondment with the United Way of Calgary and Area and am currently beginning to be a member of the Employment Insurance Board of Appeals here in Calgary, I am unable to put in the necessary time and commitment as the Communications Director of ATRA.

I would like to thank the Board, Chapter Chairs, ATRA Awards Committee and TR Week Committee members for their support and wish you continued success in your future endeavours. I still plan to remain an active member of ATRA.

## **CENTRAL REGION REPORT- Monica Ruston**

Well the 2008-2009 year draws to an end as fall approaches. Elections for Central Chapter were held in June and please welcome your new executive:

- Chair – Jessica Ross
- Secretary – Pamela Wong
- Education Liaison – Megan Booi
- Vice Chair – Glenn Skimming
- Treasurer – Jerry Muckle

The first Central Chapter meeting with your new executive will be held September 29th, 2009 at 5:30pm at Prince of Peace Campus (see website for further details). I also wanted to thank last year's Central Chapter executive for all their hard work and dedication over the past year; I couldn't have done it without you. The CTRA conference in May was a huge success and a big THANK YOU to all Central members who volunteered their time and energy throughout the four-day event.

We are eagerly awaiting the ATRA symposium hosted by Northern Chapter in October, and a reminder to all members to register early to take advantage of the early-bird rate (August 29). Your new executive looks forward to seeing you over the next year, and all the best for the 2009-2010 year!

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### **NORTH REGION REPORT- Kara Cooper**

#### **ATRA North Region Executive:**

Chapter Chair: Kara Cooper

Secretary: Jolene Eschyschyn

Student Liaison: Daisha Weber \*

Chapter Vice-Chair: Heather Crowe \*

Treasurer: Shauna Bennett-Kessler \*

\* Positions up for election September 2009

#### **New & Continued Services to Members:**

- Since November 2008 all ATRA North Region meetings have been available via telehealth! This is a great opportunity for members throughout the North Region to earn CEU's and stay connected with their chapter. To further encourage participation and networking the chapter passed a motion allowing connecting site a \$5.00 per person budget for refreshments. Thank you to the members in Edson, McLennan, Two Hills and Fort Mac Murray for 'tuning in'. We are looking forward to seeing you and many other connecting sites in the upcoming year.
- Each meeting is held at a different location within the Edmonton area. Thank you to the following sites for hosting: Alberta Hospital, Grey Nuns Hospital and Glenrose Rehabilitation Hospital. If your workplace is interested in hosting a meeting and has telehealth available please let us know via our new email address [atranorth@alberta-tr.org](mailto:atranorth@alberta-tr.org).
- The American Therapeutic Recreation Journal is available for all ATRA North Member to use. The list of Journal issues and/or Table of Contents is attached to the ATRA North Chapter Meeting Minutes, located on the ATRA Website. For more information contact our Treasure at [atranorth@alberta-tr.org](mailto:atranorth@alberta-tr.org).

#### **CEU Opportunities:**

Each ATRA North Region meeting is accompanied with an education component worth 1 CEU. The following is a list of the topics and speakers for the past year. Thank you to each of these speakers for sharing their knowledge thereby deepening our understanding of Therapeutic Recreation.

- November 2008 Van Drysdale "TR and the Wii"
- February 2009 Kari Medd "Multidisciplinary Metabolic Monitoring Program"
- April 2009 Jill Kelland "Health & Addictions Service Principles, Delivery Model & TR"
- September 2009 Katrina Cosentino & Joel Semeniuk "Laughter Yoga"
- Next Meeting: November 2009 Jim Koning "Motivational Interviewing & TR"

#### **Our Membership Dollars at Work:**

- ATRA North Chapter provided sponsorship funding for north chapter members to attend the CTRA Conference in Calgary, Alberta on May 13-15th, 2009 and the ATRA Symposium in Edmonton, October 15th and 16th, 2009. The sponsored members will submit an article in the ATRAbute highlighting their learning's.

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- ATRA North Chapter provided Sponsorship funding for the 2009 Creative Age Symposium held June 12th, 2009. In return, the festival organizers put up an ATRA display table with promotional materials. Participants were eligible to receive 6 CEU's for attending. The Symposium was held in conjunction with the Creative Age Festival, this one-day symposium showcased various initiatives and opportunities that are enhancing the depth and breadth of the field of arts and aging.

## **TR Week:**

- TR Week Banner was hung on the Emily Murphy Park Bridge in Edmonton.
- Due to increased requests for the TR Week Banner a motion was accepted to have two new TR banners created.

## **ATRA North Region 2009 Symposium Committee:**

Co-Chairs: Avalon Thorne & Renate Sainsbury  
Social Planner: Andrea Capowski & Vanessa Bunio  
Treasurer: Jaclyn England

Registration: Beryl Grosso  
Secretary: Denis Pauls

Thank you to the 2009 ATRA Symposium Committee for hosting the Annual ATRA Symposium on October 15 & 16, 2009 in Edmonton, AB. "Health & Wellbeing: Moving Beyond the Medical Model" with Keynote Speaker, Dr. Colleen Hood. They maybe small in numbers, but they are TR Giants when it comes to organizing a top-notch symposium!

## **LETHBRIDGE CHAPTER REPORT- Colene McCuaig**

Hi everyone, hope all is well and everyone is enjoying their cool summer weather. Not quite what I had thought summer was, however every year is different.

We started our year out similar to last year, with me speaking at the Lethbridge College to both first and second year students of the TRG program during orientation. There were three students who were recruited to be our student liaisons. These students worked hard to inform the other students of ATRA happenings and did a great job of planning TR week activities at the College. There were even presentations to the Nursing students on Therapeutic Recreation!

This year we welcomed two new board members, Melissa Mangone (treasurer) and Jackie Harris (vice chair person). We also started to run a few more meetings via telehealth to try to get more of our rural professionals involved in the meetings. Our chapter also followed what Edmonton and Calgary chapters created for their members for Sponsorship Guidelines (conferences and workshops). Two of our members (Lisa Dickau and Colleen Moses) organized the ordering of hoodies for those of our members who were interested. They turned out very nice.

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Education sessions this year included presentations by the Lethbridge HIV Connection and the Canadian Cancer Society. There was always good information and resource sharing, as well as networking at all meetings.

Our year end meeting was hosted by the Recreation staff at the beautiful St. Therese Villa, Lethbridge's newest designated assisted living facility. The Recreation staff there did a wonderful job of hosting this event.

We hosted a two day workshop on Motivational Interviewing in June where we brought in Donna Kerr from Edmonton. Thanks to Annette Yunick for heading up her committee to plan this event.

Thanks to all members who have helped out in any way this year, either within our chapter, or province wide. You have done a great job creating a positive outlook on our profession and continue to gain the respect from other professionals. Keep up the hard work!

### **PALLISER CHAPTER REPORT- Belinda Hurlbert**

#### **Highlights:**

- Tele-health still being offered to Rural Site.
- Web page. The Atribute is now online and there is a new brochure that you can download.
- The letter of intent for application to the Health Professions Act will be on the website.
- Palliser Chapter Rural Report by Carrie Huckerby:
  - Networking meetings held. Reps were attending from Oyen, Bassano, and Bow Island. Brooks Continuing Care facility is scheduled to close January 2009 and private facility is due to open.
- Show & Share Activities
- Palliser Chapter Committee Members
  - RT week Committee: Nicole Stroh & Rebecca Gadney
  - Welcoming Committee: Doug Mc Clain & Alison Galbraith
  - Education/Inservice Liaison: Judy Freeden & Liana Schoolkate
  - Awards & Honorarium Committee: Tracy Romaniuk

#### **Continued Education:**

- Andrea Gandon presented the Leisure Competence Measure to the Palliser Chapter on Saturday, Feb 21st
- CTRA Conference was held in Calgary from May 13th-15th/09. Nicole and Rebecca attended.
- Guest Speaker – Shirley Jago from Canadian Mental Health presented on resources for workshops in the community.
- Tianna reviewed the Wayfinders Boot camp on Emotional Intelligence. She stated that it was an excellent workshop and

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would recommend it. Camp information and registration forms can be found on the home page at [www.wayfinders.ca](http://www.wayfinders.ca)

- Risk Reducing Series – telehealth series which includes Therapeutic Recreation
- Actions for Life – Belinda reported on the 4 day workshop attended in May and June/08 for Actions for Life Leaders offered through the Living Healthy Program.
- Up coming Conferences:
  - ATRA symposium in Edmonton
  - Healthy Living Program – Action for Life Trainers/Workshops for participants

## **TR Week**

- We had a social night for members and guests on Wednesday, Feb 4th/09 at Boston Billiards. We had seven different areas represented. An amazing time had by all.
- We posted Road signs from Feb 1-19th/09 in high traffic areas in Medicine Hat. We hung the new banners in the Medicine Hat Regional Hospital and some of the Assisted Living and Long Term Care facilities in Medicine Hat. Each facility had variety of activities to promote Therapeutic Recreation. TR Week promotional items were purchased by the chapter and distributed to various sites in Medicine Hat, Brooks, and Bassano & Oyen.
- An honorarium was given to Basheer Azzam for making the three ATRA banners.
- One of the big questions this year was “Where does Therapeutic Recreation fall in the Alberta Health Service’s organizational chart”?

## **Promotion:**

- In the fall of 2008 some members attended the Adult Resource Fair and promoted Recreation Therapy using an information table to educate the public on the relationship between health aging and recreation.
- Glenda submitted three proposals for the benefits of having a Recreation Therapist. The three areas are: Mental Health in the Community, the Living Healthy Program and the Primary Care Network.
- Our members at the AGM suggested that ATRA have an Alberta wide commercial on TV or radio to promote our profession and having large ATRA banners to promote TR week.
- Our members applauded the CTRA website for the great TR Week promotional package & the great ideas for TR week.
- Tracy Romaniuk wrote an article on The Nintendo Wii. “Yes Wii Can! As we devote our careers to see our clients get the most out of life we are always challenged to find new and exciting ways to promote a healthy leisure lifestyle. The Nintendo Wii has been able to offer so many exciting activities to a wide variety of people”. ....Tracy Romaniuk



## reports

### ADMINISTRATIVE ASSISTANT REPORT - Darlene Murphy

My position this year was busy providing administrative support to the members of the board of directors as they carried out their duties. In addition, I've been helping as much as possible with the HPA Application ... I've been around so long I've been able to be a big help with compiling the history of the association!

**Correspondence:** Responded and/or forwarded written correspondence, voice mail and email. We developed a new electronic newsletter this year which I send out to all membership 2-3 times per month. This has proven to be a good way to get information out quickly to membership.

**Membership Processing:** We finished the 2008/09 membership year with 341 members, which was a slight decrease from the previous year's total membership of 355. I sent out membership renewal notices in February and processed both renewals and new memberships throughout the year. With the offering of an "early bird rate", memberships came in very early this year! I coordinated the ATRA/CTRA memberships and ensured that information was sent to CTRA for each member.

**Financial:** I completed the day to day accounting, including paying bills, depositing all funds and reconciling the bank statements. As well, I produced both quarterly financial reports and year end reports. I worked with Lorraine Grover, chair of the 2009 CTRA Conference to coordinate the financial records for the conference.

**Promotional Items:** I continued to fill and send any orders for promotional products which arrived at the office.

**Reports:** I completed an administrative and membership report for each of the board meetings this year; the Association's manuals were updated as required; and mailing labels were sent to each region/chapter when they request them for mail-outs. In addition, I produced the AGM report for this meeting. I designed and printed the programs for the Awards Luncheon. I also redesigned the CEU collection form to make it easier for members to use in recording their CEUs.

**ATRAbute:** Four issues of the ATRAbute were compiled this year; three were mailed in the traditional fashion. The fourth issue was our first "paperless" issue, this one was posted on the website for members to download from the website.

**Website:** Much of the early part of this year my time was taken up with coordinating the design and development of our new website. and then entering all the content. We went "live" in the early part of the year and, other than a few glitches here and there, the new website has been performing well.

**Meetings:** I attended the Board of Directors Meeting and, when required, the Membership Review Committee meetings.

#### Membership Report: Number of Members for 2008/09 Membership Year = 341

North Region	171	Registered Professional	308
Central Region	109	Supporting	3
Lethbridge Chapter	39	Student	30
Palliser Chapter	16		
Other	6		

# financials

September 10, 2009

To the Members of  
Alberta Therapeutic Recreation Association  
8038 Fairmount Dr. SE  
Calgary, AB T2H 0Y1

We the undersigned have reviewed the financial records of the Alberta Therapeutic Recreation Association as at May 31<sup>st</sup>, 2009. Through random selection, cheques issued and monies deposited were compared to transaction records/statements.

As members of the Alberta Therapeutic Recreation Association, we are of the opinion that the financial statements reflect the business of ATRA and that these transactions have been carried out fairly and without concern.

Jill Burger  
Jill Burger

Sept. 10, 2009  
Date

Caryn Lansing  
Caryn Lansing

Sept. 10, 2009  
Date

Kim Yachemiec  
Kim Yachemiec

Sept 10, 2009.  
Date

# Annual Report 2009

## financials

### Alberta Therapeutic Recreation Association Financial Statements Year Ended May 31, 2009

Receipts		2009	2008
101	Membership Fees	118,100.00	101,725.00
102	CTRA Fees	10,925.00	5,375.00
103	Promotional Sales	1,493.00	2,875.00
104	Fund Raising	-0-	568.00
105	Symposium	79,887.00	-0-
106	Donations	10.00	-0-
107	Interest	14.00	9.00
108	Misc Income	200.00	881.00
<b>TOTAL INCOME</b>		<b>210,429.00</b>	<b>111,433.00</b>

#### Disbursements

201	Membership Disbursements	9,780.00	9,860.00
202	CTRA Fees	7,588.00	150.00
203	Contract Work / Honorariums	11,368.00	11,842.00
204	Postage / Courier	2,345.00	4,349.00
205	Printing	11,628.00	9,300.00
206	Office Supplies	361.00	375.00
207	PLIC Committee Expenses	-0-	-0-
208	Rent	1,240.00	1,530.00
209	Insurance	3,520.00	-0-
210	Board / Committee Travel & Expenses	3,802.00	4,529.00
211	Telephone	1,325.00	1,131.00
212	Fund Raising Costs	-0-	201.00
213	Awards	4,283.00	1,838.00
214	Memberships / Registrations	50.00	550.00
215	Symposium Expenses	66,653.00	1,921.00
216	Website	20,901.00	3,334.00
217	Promotion Expenses	-0-	4,843
218	Misc Expenses	-0-	3,016.00
219	Bank Charges	2,039.00	1,470.00
220	Discipline Committee	-0-	-0-
221	HPA College	-0-	-0-
<b>TOTAL EXPENSES</b>		<b>146,883.00</b>	<b>60,238.00</b>
<b>NET INCREASE (DECREASE)</b>		<b>63,546.00</b>	<b>51,195.00</b>

# financials

## Alberta Therapeutic Recreation Association Financial Statements Year Ended May 31, 2009

	2009	2008
Bank Balance Beginning of Year	131,904.00	80,709.00
Net Increase in Equity (See Statement of Receipts & Disbursements)	63,546.00	51,195.00
Deferred Membership Receipts 2009/2010 (ATRA - 86,365.00 / CTRA - 8,775.00)	95,150.00	64,450.00
	<hr/>	<hr/>
Sub Total	100,300.00	67,454.00
Year End Balance - Education Account	1,065.00	1,207.00
	<hr/>	<hr/>
<b>MEMBERS EQUITY - BALANCE END OF YEAR</b>	<b>101,365.00</b>	<b>68,661.00</b>
Year End Balance - North Region	3,471.98	581.00
Year End Balance - Central Region	7,555.53	7,958.00
Year End Balance - Lethbridge Chapter	4,920.73	4,580.00
Year End Balance - Palliser Chapter	647.87	674.00
<b>LIABILITIES</b>	<b>0.00</b>	<b>0.00</b>
<b>ASSETS</b>	<b>0.00</b>	<b>0.00</b>

## motions

### 9.1 Amendments to Professional Membership criteria

Motion: That ATRA's professional membership criteria be amended to read: Degree or diploma in recreation therapy, therapeutic recreation or recreation and leisure studies from a nationally or internationally accredited post-secondary institution. Degree or diploma in a related health field will be considered on an individual basis provided the course content criteria have been met.

Motion: That ATRA's professional membership criteria be amended to include: New graduates as of May 1, 2011 will be required to demonstrate completion of a minimum of 320 hours of internship placement/practicum. A minimum of 250 hours of this placement must have a clinical component and be completed under the supervision of a recreation therapist who is registered with their provincial association.

MOTION: With the ready availability of distance learning in therapeutic recreation, ATRA's professional membership criteria be amended to delete the following clause: In the event of a Therapeutic Recreation course not being attainable, applicants may substitute one additional general recreation course and one additional supporting course.

# nominations

## **NOMINEE FOR SECRETARY - Carmen Crossly**

Carmen is a very motivated and Proud Recreation Therapist with 3 years experience. She started working with Elderly in 2005 and moved in to mental health in 2006. Currently she is at Alberta Mental Health and Addictions Hospital, working specifically on an Adult acute Psychiatry unit. Prior to that Carmen has worked at AHE for 10 years as a Therapy Assistant. She also participates in various committees such as the Community Linking committee and Addictions recovery groups. Carmen has been a member of ATRA for 3 years

Carmen graduated from Grant McEwen College in 2000 with her diploma in Rehabilitation Practitioning. She decided to further her studies at the University of Alberta with the completion of her BA in Recreation Sport and Tourism. She spent one of her 4 years working towards her degree in London England on an exchange.

In addition to having a strong passion for the Profession of Recreation Therapy, she leads a very vibrant personal recreation life. She is an active member of her community involving herself with charity runs, bikes, and walk for various causes. She leads fitness group's and then calms herself with glass jewellery making. You may even recognize her singing our nations anthem at the Edmonton Eskimo football games.

Carmen's motivation to be a part of ATRA is so that she can learn from her peers and further become an active member in advocating for the Profession of Recreation Therapy.

## **NOMINEE FOR COMMUNITY LIAISON - Jennifer Ertel**

Jennifer Ertel is a Certified Therapeutic Recreation Specialist who is currently working with the Community Accessible Rehabilitation program Alberta Health Services Calgary. Jennifer has over 16 years experience working as a Recreation Therapist throughout Canada, Washington and Alaska. This experience has encompassed working in community recreation, brain injury rehabilitation, day programs, forensic psych and varied adventure programming experience. Her adventure programming has taken her sea kayaking in Costa Rica, skiing in Whistler and teaching Disabled Sailing at Jericho Beach. Many of those years have been working with people who have complex and/or chronic disabilities, primarily neurological and musculoskeletal disabilities. Jennifer has presented a one day workshop for the American Therapeutic Recreation Association, at the British Columbia Parks and Recreation Association annual conferences, Washington State Therapeutic Recreation Association Annual Conference, National Institute for Recreation and Inclusion and for the last two years at the Alaska Recreation and Parks Association annual conferences. Jennifer was the Pacific Northwest Regional Director for the National Therapeutic Recreation Society a branch of NRPA.



**Alberta Therapeutic Recreation Association**

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